



**COME TO HAITI**

*Sharing the Love of Jesus  
to the Haitian People  
through Medical care,  
Nutritional Programs  
and Evangelism.*

**Hope Alive! Clinic Min., Inc.**  
**P. O. Box 964**  
**Medford, NJ 08055**  
**609-914-1385**  
[www.hopealiveclinic.org](http://www.hopealiveclinic.org)  
[hopealive@comcast.net](mailto:hopealive@comcast.net)

# Haiti

**Very beautiful**, once called the  
**Pearl of the Antilles** where bare  
mountains **kiss blue oceans**, and the  
**sun perpetually shines**.

Haitians **love to laugh**,  
and they will make you  
**feel welcome** in their country.

## Land of Contrasts

**This beautiful Caribbean island is the poorest country in our hemisphere. 8 million people compete for food. Medicine is too expensive for most Haitians, and there are few doctors. You can be God's Hands and Feet to these wonderful people.**

## A Little Bit about Hope Alive! Clinic

**Medical Clinics** – Are staffed with Haitian doctors, nurses, administrators, lab technicians and support staff.

**Mariani Clinic** just outside Carrfour (one of the poorest slums) opened on Valentines Day, 1999

**Tricon Clinic** near Les Cayes, Haiti began July 2003

**Parent Clinic** near St. Marc began November 2005

**Kolmini Clinic** near St. Marc began July 2007

**Pharmacy Stations** - Hope Alive! Clinic nurses travel to Pharmacy Stations with food and medicine to rural areas where no medical care is available.

**Mom-Tot Program** – for \$25 each month a mother and baby up to age 3 receive free medical care & food.

**Pharmacy Station Partner** – for \$10 each month partners provide free medical care & food to a village.

**How Did it Start?** Hope Alive! Clinic began in 1998 resulting from a burden and vision God planted in the hearts of Frank and Leslee Jacobs. Frank and Leslee have three grown children and reside in Medford, New Jersey. Frank is a sales manager for an automotive chemical company, and Leslee is a full-time volunteer for Hope Alive! Clinic.

**How is Hope Alive! Clinic Different?** Zero funding is spent on U.S. salaries. Funding is thereby stretched in Haiti for food and medicine.

**Prayer – Most important**

**Prayer Cards** - Enlist your family and friends to pray for you before, after, and especially *during* your trip to Haiti. Give them prayer cards like the sample below.

Please ask your church to corporately pray for you as a congregation the Sunday before your trip to send you out”.

-----  
**(Sample) Prayer Request Card**  
For (*your name here*)

Please pray for me as I go on a mission trip to Haiti (*fill in trip dates*) with Hope Alive! Clinic. Our objective is to demonstrate the love of Jesus to the Haitian people through evangelism, medical outreach, gifts, and prayer.

Please pray –  
... that the Lord Jesus is glorified through me  
... for my protection and good health  
... for my loved ones while I am gone  
... that my work brings fruit to the Kingdom  
... for the Haitian people and Hope Alive! Clinic  
... for each member of the group:

--You May List names of group members--

- 5. I will inform my next of kin and my church leaders of the content of this statement.

To be signed in triplicate. One original for Hope Alive! Clinic Min., Inc., one original for Come Alive! Church, and a copy for international worker (you). Two witnesses must sign.

Date \_\_\_\_\_

Signature

\_\_\_\_\_

Witness

\_\_\_\_\_

Witness

\_\_\_\_\_

**Hope Alive! Clinic Min., Inc.**  
**P. O. Box 964**  
**Medford, NJ 08055**

### **Board of Directors**

Frank Jacobs, President  
Leslee Jacobs, Vice President  
Jolene Wagner, Secretary  
Steven Hinkeldey, Treasurer  
Catherine Pierre-Rosia  
William Blair Wagner  
Beverly Hinkeldey, RN  
Dennis Dugan  
Kathleen Dugan  
Rebekah Chillemi, LMHC  
Anthony Chillemi  
Marilyn Williamson  
Rev. Daniel Martinez  
Donna Martinez, RN  
Pastor Gregoire Rosia

### **Why Go on a Mission Trip to Haiti?**

- \* Share your gifts & talents with those in great need.
- \* Obey the command to “Go”.
- \* Be changed. The trip will change your life.

## Suggestions for What to Bring

### In Backpack or Bag (Personal Item)

Valid Passport  
Airline, E-tickets, or flight schedule  
Cash for food at airport, souvenirs, etc.  
Copy of Professional License (RN, MD)  
Insurance Card (for medical emergency)  
Bible, Notebook, pens, Creole list  
Sunglasses  
Hand Sanitizer\*  
Visa or MasterCard for emergencies  
Pictures of loved ones

### In Carry-On Bag (Max 45" WxLxD, Max 40 lbs.)

Bug Spray with DEET\*  
Sun Screen\*  
Flashlight with extra batteries  
Toiletries\*  
Sun Hat  
Baby Wipes  
2 Empty Water Bottles (or full ones in checked bag)  
Snacks for flight (not provided on plane)  
Copy of your passport  
Comfortable walking shoes & comfy sandals  
Bathing suit  
Lightweight clothing for 6 days of work & church  
It may not be possible to wash clothes  
Inexpensive watch  
Camera

**Please Bring 1 roll of Toilet Paper and healthy Snacks for the Group to Share (non crushable, not meltable)**

**\* Each item 3 oz. or less in 1 quart-size zip lock**

**Team Participant Acknowledgement:** I am a participant of a short-term mission trip, and have been supplied with all pertinent information for preparation. I am familiar with the rules of conduct of international workers, and I agree to abide by those rules as well as submit myself to the leadership. This is a legal binding agreement which I have read and understand.

Home Telephone: ( ) \_\_\_\_\_

Work Telephone: ( ) \_\_\_\_\_

Pastor's Telephone:( ) \_\_\_\_\_

International Worker's Name  
\_\_\_\_\_

International Worker's Signature  
\_\_\_\_\_

### **NOTARY:**

STATE OF \_\_\_\_\_)

COUNTY OF \_\_\_\_\_)

ss:

On the \_\_\_\_\_ day of \_\_\_\_\_,  
before me personally came

\_\_\_\_\_ to me known and known to me to be the individual(s) described in, and who executed the foregoing instrument, and the above named person(s) acknowledged to me that said person(s) executed the same.

---

Notary Public

**International Worker's Statement  
Concerning Abduction, Imprisonment, Injury or  
Death**

1. I, the undersigned, fully recognize that the nature and location of my work may result in kidnapping, extortion, unlawful arrest, accusation, imprisonment, personal injury or death.
2. I voluntarily choose to accept the risks involved in my vocation and hereby release Hope Alive! Clinic Ministries, Inc. from any and all claims which I, anyone in my family, or friends may make against Hope Alive! Clinic Ministries, Inc. in connection with such events.
3. I understand that if I am abducted or imprisoned, the appropriate officers of Hope Alive! Clinic Min., Inc. will do all in their power both directly and indirectly through government or other channels to obtain my release; but that they will not accede to ransom demands or engage in political bargaining.
4. I hereby authorize Hope Alive! Clinic Min., Inc. to be coordinators between my family, home church and the mission of all activities in connection with obtaining my release. In the event of any disagreement, Hope Alive! Clinic Min., Inc. is to make the final decision.

**Please donate **MEDICINE**  
& bring hope alive in Haiti**

*Needed for Children and Adults*

**\* Multivitamins and Iron**

**\* Fever and Pain Reducers**  
(Tylenol, Advil, but no aspirin, please)

**\* Skin Cream**

(anti-fungal, antibiotic, anti-itch)

**\* Acid Reducers**

(Zantac, Prilosec, Pepcid, Tagamet)

**\* Cough Medicine**

**\* Prescription Antibiotics**

**\* Eye Drops**

**\* Vaginal Infection (Monistat)**

**Medicines may not Expire for at least 1 month  
after trip, please.**

**Donated Items Haitians Appreciate**

If you would like to bless the Haitian people, and you have room, please consider bringing: **Rice** (bags), **Beans** (bags), **Baby Formula**, shoes, hats, belts, toy cars, small white dolls, sample size toiletries, small bouncy balls, new underwear, sewing kits. Call us if you would like more suggestions.

## Release Form

Hope Alive! Clinic Short-Term Mission Trip

Carefully read the following information, sign two copies in front of Notary Public & return them to the address below. You will not be able to participate on this trip without these forms.

As a participant of a mission trip to Hope Alive! Clinic, I have fully read and understand all the factual material provided to me. I release Hope Alive! Clinic Ministries, Inc., and their agents from liability for any accidents, sickness, or death that may occur while serving as an international worker.

I further authorize and give permission to Hope Alive! Clinic Min., Inc., and their agents to take me to any doctor for medical treatment, emergency surgery, hospitalization, or care as the need arises. I assume responsibility for all medical bills incurred. Should it be necessary for me to return home for medical or any other reason, I agree to assume total transportation costs.

To assist Hope Alive! Clinic, I have indicated my phone number as well as my pastor's phone number and I agree to advise of any change in phone or address.

I agree to abide by all the rules of conduct as well as to submit myself to the leadership.

**Hope Alive! Clinic**  
**PO Box 964**  
**Medford, NJ 08055**

## You May Bring

**Suitcase** (Max. 50 lbs.) (1+ lb may be costly.)  
**Carry-On Bag** (max. 45" LWD, 40 lbs.)  
**Personal Item** (i.e. backpack, purse, belly bag)

Please consider sharing your suitcase with another traveler or packing all your personal items into one carry on. **HA!C would greatly appreciate your donated suitcase to pack medicines, etc.!**

**Baggage Requirements are subject to change.**  
**Check with Your Airline!**

## What to Wear

Men /Women – Modest shorts or skirts, modest Tops, Lightweight, **comfortable** clothing  
Footwear – Shoes with Traction for hills with loose stones; with support for hours on cement floors; cool, lightweight, comfortable.  
Church (if applicable)  
Men – Long pants  
Women – Modest dress or skirt & blouse  
Shoulders and knees covered.

## What NOT to Bring

Do not bring a lot of cash or valuables.  
Do not wear or bring costly jewelry or clothing.  
Do not bring items not permitted on airplanes.  
Do not pack liquids or sharp objects in carry-ons.

## What to Expect

### Haiti is very hot.

Drink plenty of water (but only SAFE water).  
Wear sunscreen. Stay out of the sun if you can.

### Mosquitoes may carry Malaria.

Wear insect repellent with DEET, especially after dark. Ask your doctor about taking chloroquine.

### Ask your Doctor's Advice about Vaccinations.

Have up-to-date Tetanus shot and Hepatitis Series.

### Update Yourself with Current Travel Warnings

Visit <http://travel.state.gov/>  
or call 1-888-407-4747

### Poverty may overwhelm you.

Most people are truly hungry.  
Beggars will grip your heart, but don't give things to people in public areas. This creates chaos.

### Eat right and get plenty of rest when possible.

Your emotional response to poverty may surprise you and put you under physical stress.

### Sanitary Conditions are very primitive.

Use hand sanitizer often.  
Try not to touch your eyes or your mouth.  
Be careful not to touch any open sores.  
There are undiagnosed AIDS cases in Haiti.

Negative, not	pa
Everything	tout bagay (toot bug eye)
Everyone	tout moun (toot moon)
Want, wish	vle (vlay)
Go	ale (ah lay)
Come	vini (vee knee)
Girl	fi (fee)
Boy	gason (gah son)
Old person	gramoun (grah moon)
What	ki sa (key sah)
Why	pou ki sa (poo key sah)
How	kouman (ko mo)
When	ki le (key ler)
How are you?	Koman ou ye? (yay)
Very good, thanks to God.	Tre bien, gras a Die.
Not too bad	Pa pi mal (pah pee mahl)
What's your name?	Koman ou rele?
My name is Beverly.	Mwe rele Beverly.
Jesus loves you.	Jezi remen ou.
You are my friend.	Ou zami mwe.
Christ is able.	Kris kapab
I can come.	Mwe kapab vini.
I am going.	M'ap ale.
You're beautiful.	Ou bel.
Praise the Lord!	Beni swa l'Eternal!
(benny swal lay tennell /benny swallowed toenail)	
I don't understand	mwe pa konprann.
I want to help you	Mwe vle ede ou.
Jesus can help you.	Jezi kapab ede ou.
Jesus loves all children.	Jezi remen tout ti moun.
Do you know Jesus?	Eske ou konnen Jezi?
Have you accepted Jesus Christ in your heart?	
Eske ou accepte Jezi Kris nan ke ou?	
(eskeh oo asseptay Jayzee Kree nonkehr oo?)	
Have you been baptized in a Christian church?	
Eske ou baptize nan l'egliz Christien?	
(eskeh oo bapteezay non lay gleez cristee an)	

## Key Kreyol Words and Phrases

Good Day (till noon)	Bon jou
Good Evening (after noon)	Bon swa
You	ou (oo)
Me	mwe
She, he, it	li (lee)
We, us	nou (new)
They, them	yo
Love	Remen (reh may)
Friend	Zami (zah mee)
Yes	oui (we)
Church	l'eglize (lay gleez)
Photograph	foto
Take	fe (fay)
Beautiful	bel
Please	souple (soo play)
Thank you	mesi (messy)
You're welcome	pa du kwa
Jesus Christ	Jezi Kris (Jayzee Kree)
God	Die / Bondie
Can, capable	kapab
Goodbye	orevwa (oh riv wa)
Bless	beni (benny)
Person/people	moun (moon)
This/that	sa
Talk	pale (pah lay)
Understand	komprann
Know	konnen (ko nay)
Live/stay	rete (reh tay)
Help	ede (ay day)
Smile	souri (soo ree)
House	kay/lakay (kie)
White	blanc
Children	timoun (tee moon)
A lot	anpil (ahn peel)
Little	ti (te)

### During Your Flight to Port-au-Prince

Receive Immigrations Card, and fill out  
location: Le Lambi Hotel

Keep this card with your passport to enter Haiti.  
After it is stamped, **keep copy to exit Haiti!**

### When you arrive in Haiti

Keep all valuables (money, camera, passport, etc.)  
on your person or in a bag you keep with you.  
Stay with the group at all times.  
The group leader will hire Haitian porters. **Don't  
allow anyone to touch your  
bag because they'll expect a tip.**

### There is only 1 road, and it's busy & needs repair.

The tap tap ride from the airport to the  
clinic may take several hours with no A/C.

### When at the Clinic and Guest House or Hotel

Please be on time for group meetings.  
Do not leave hotel property without the group.  
Do not swim at hotel without group.  
If you feel ill or develop any rash, let us know.  
Do not brush your teeth with water at the hotel.  
Only drink "Culligan" water.  
Ask before you eat something questionable

### Haitian Money

Five gourdes (gewds) = \$1.00 Haitian  
Exchange Rates change daily  
usually between \$7 - \$8 H = \$1 US  
If souvenir costs 350 gourdes = approx \$10 US  
If you wish to buy souvenirs, use small bills  
(1s, 5s), using above formula & US cash.

**Cost: \$600** (Lodging, Meals, Transport in Haiti)

Payable to Hope Alive! Clinic  
100 S. Main St., Medford, NJ, 08055  
Due ASAP

Signed Release forms are due ASAP.

Emergency Phone # to give to loved ones  
011-509-3-755-3283

**Notes:**